



WINTER TRAINING

WHEN

18th January 2022 for 8 weeks:

- Tuesdays,
- 6pm to 6.50pm (U9-U13)
- 7pm to 7.50pm (U15 & upwards)

WHERE

Thomas Mills High School - Main Sports Hall

FEATURING • Fun • Teamwork • Technical Skills • Fitness • Batting, Bowling & Fielding • Hard Ball Nets...and so much more

'...PREPARE YE FOR THE SUMMER...!'

ALL SESSIONS ARE ALL GENDERS

STRUCTURED COACHING

Qualified coaches with support from our 1st X1, the 30:30 Team and our Ladies X1

Progressive Programme
DBS, Safeguarding & First Aid qualified

LIMITED PLACES

(Flat fee for all ages)

£32 for the 8-wk package, BACS payment secures a place.

Email the Club Secretary for info & payment details

Jemma_08@hotmail.com

OUTCOMES

Fitter, faster, sharper!

Learn from scratch or hone those skills, all welcome!

ADDED BONUS

Its inside, so can't get rained off!